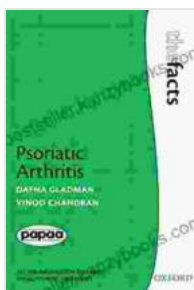


Psoriatic Arthritis: The Facts



Psoriatic Arthritis (The Facts) by Dafna D. Gladman

★★★★☆ 4.3 out of 5

Language : English
File size : 856 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 167 pages
Lending : Enabled



By Dafna Gladman

Psoriatic arthritis is a chronic inflammatory condition that affects the joints, skin, and nails. It is a type of spondyloarthritis, which is a group of conditions that cause inflammation of the spine and joints.

Psoriatic arthritis can affect people of all ages, but it is most common in adults between the ages of 30 and 50. It is more common in women than in men.

The symptoms of psoriatic arthritis can vary from person to person. Some people may only have mild symptoms, while others may have more severe symptoms that can affect their daily lives.

The most common symptoms of psoriatic arthritis include:

- Joint pain and stiffness

- Swelling and redness of the joints
- Psoriasis, which is a skin condition that causes red, scaly patches on the skin
- Nail changes, such as pitting, discoloration, and thickening
- Fatigue
- Weight loss

Psoriatic arthritis can also affect other organs in the body, such as the eyes, heart, and lungs.

The cause of psoriatic arthritis is not fully understood, but it is thought to be an autoimmune condition. This means that the body's immune system mistakenly attacks its own tissues.

There is no cure for psoriatic arthritis, but there are treatments that can help to manage the symptoms. Treatment options include medications, physical therapy, and lifestyle changes.

If you have psoriatic arthritis, it is important to see a doctor to discuss your treatment options. Early diagnosis and treatment can help to prevent or slow the progression of the disease.

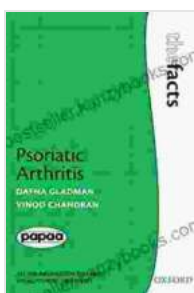
About the Author

Dafna Gladman is a rheumatologist and professor of medicine at the University of Toronto. She is a leading expert in psoriatic arthritis and has authored over 200 scientific papers on the condition. Dr. Gladman is also the founder and director of the Canadian Psoriatic Arthritis Network.

Free Download Your Copy Today

Psoriatic Arthritis: The Facts is a comprehensive guide to the condition. It covers everything from the causes and symptoms of psoriatic arthritis to the latest treatment options. This book is an essential resource for anyone who is living with psoriatic arthritis or who wants to learn more about the condition.

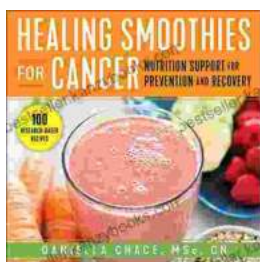
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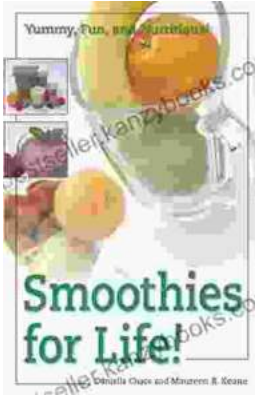
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