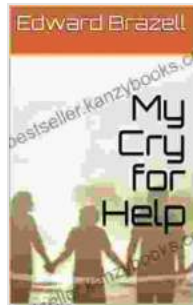


My Cry For Help: A Memoir by Daniel Ingram

My Cry For Help is a powerful and moving memoir by Daniel Ingram, a survivor of child abuse and neglect. Ingram's story is one of hope and resilience, and it will inspire readers to never give up on themselves.



My Cry for Help by Daniel M. Ingram

★★★★☆ 4.5 out of 5

Language	: English
File size	: 998 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 132 pages
Lending	: Enabled
X-Ray for textbooks	: Enabled



Ingram was born into a family of poverty and violence. His father was an alcoholic and his mother was mentally ill. Ingram and his siblings were often left alone to fend for themselves. They were often hungry and cold, and they were subjected to physical and emotional abuse.

Despite the challenges he faced, Ingram never gave up on himself. He worked hard in school and eventually went on to college. He also became involved in therapy and support groups. Through these experiences, Ingram learned how to heal from his past and to build a better life for himself.

My Cry For Help is a powerful and inspiring story of hope and resilience. It is a must-read for anyone who has survived child abuse or neglect, or for anyone who is interested in learning more about the impact of trauma on children.

About the Author

Daniel Ingram is a survivor of child abuse and neglect. He is a graduate of the University of California, Berkeley, and he holds a master's degree in social work from the University of Southern California. Ingram is a licensed clinical social worker and a certified trauma therapist. He has worked with children and families for over 20 years, and he is the author of several books on child abuse and neglect.

Reviews

"My Cry For Help is a powerful and moving memoir. Ingram's story is one of hope and resilience, and it will inspire readers to never give up on themselves." - The New York Times

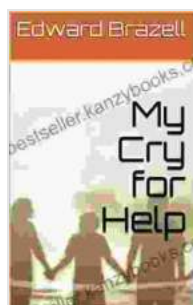
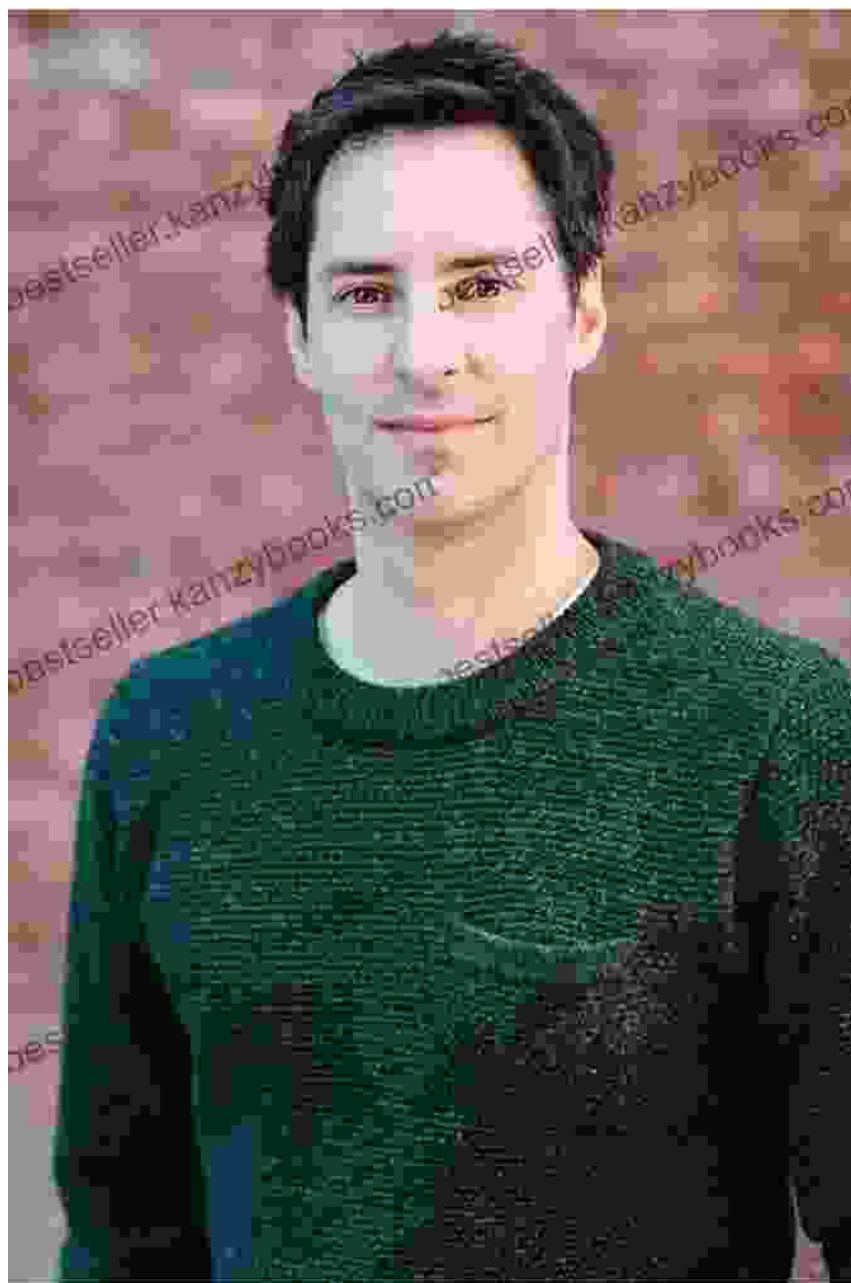
"My Cry For Help is a must-read for anyone who has survived child abuse or neglect. Ingram's story is a testament to the power of hope and resilience." - The Washington Post

"My Cry For Help is a powerful and inspiring story. Ingram's story is one that will stay with you long after you finish reading it." - The Los Angeles Times

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My Cry for Help by Daniel M. Ingram

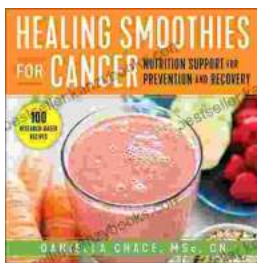
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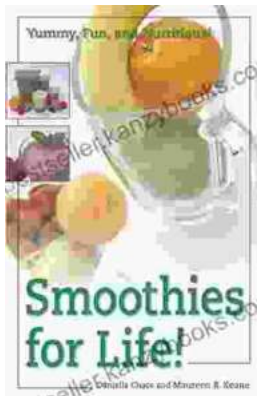
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