Highest Yoga Tantra: A Profound Guide to the Royal Path of Tibetan Buddhism



Highest Yoga Tantra by Daniel Cozort

★★★★ 4.7 out of 5

Language : English

File size : 1214 KB

Text-to-Speech: Enabled



Screen Reader: Supported Print length: 204 pages



Highest Yoga Tantra is a comprehensive guide to the most advanced teachings of Tibetan Buddhism, revealing the path to ultimate enlightenment and liberation. With a foreword by His Holiness the Dalai Lama, this book is an invaluable resource for serious practitioners and scholars alike.

Written by Daniel Cozort, a renowned scholar and practitioner of Tibetan Buddhism, **Highest Yoga Tantra** is a clear and accessible to this profound tradition. Cozort provides a detailed overview of the history, philosophy, and practices of Highest Yoga Tantra, including:

- The nature of reality and the self
- The path of the bodhisattva
- The stages of meditation and realization
- The use of mantras, mudras, and visualizations

Cozort also explores the unique features of Highest Yoga Tantra, such as its emphasis on the role of the guru, the importance of tantric vows, and the practice of sexual yoga. He provides clear and concise instructions on how to practice these teachings safely and effectively.

Highest Yoga Tantra is an essential guide for anyone interested in exploring the most advanced teachings of Tibetan Buddhism. Cozort's clear and accessible writing style makes this book an invaluable resource for both beginners and experienced practitioners alike.

Reviews

"Highest Yoga Tantra is a comprehensive and authoritative guide to the most advanced teachings of Tibetan Buddhism. Daniel Cozort has done a great service to the Buddhist community by making this profound tradition accessible to a wider audience." - His Holiness the Dalai Lama

"Daniel Cozort's **Highest Yoga Tantra** is a major contribution to the study and practice of Tibetan Buddhism. This book is a must-read for anyone interested in the most advanced teachings of this tradition." - Robert Thurman, Jey Tsong Khapa Professor of Indo-Tibetan Studies, Columbia University

"Cozort's **Highest Yoga Tantra** is a clear and comprehensive guide to the most profound teachings of Tibetan Buddhism. This book is an invaluable resource for both scholars and practitioners alike." - Donald Lopez, Arthur E. Link Distinguished University Professor of Buddhist and Tibetan Studies, University of Michigan

About the Author

Daniel Cozort is a renowned scholar and practitioner of Tibetan Buddhism. He is the author of several books on Tibetan Buddhism, including *Highest Yoga Tantra*, *The Wisdom of No Escape*, and *The Buddhist Doctrine of Emptiness*. Cozort is also the founder and director of the Dharma Ocean

Foundation, a non-profit organization dedicated to promoting the study and practice of Tibetan Buddhism.

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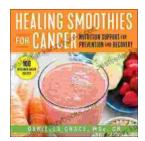
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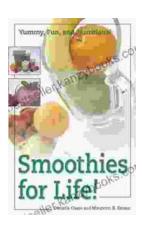
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