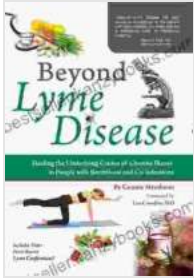


# Healing the Underlying Causes of Chronic Illness in People with Lyme Disease and Co-Infections



## Beyond Lyme Disease: Healing the Underlying Causes of Chronic Illness in People with Borreliosis and Co-Infections by Connie Strasheim

★★★★☆ 4.2 out of 5

Language	: English
File size	: 8365 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 278 pages
Lending	: Enabled



Lyme disease is a debilitating condition that can lead to a wide range of chronic symptoms, including fatigue, pain, cognitive impairment, and joint problems. While there is no one-size-fits-all approach to healing from Lyme disease, a holistic approach that addresses the underlying causes of symptoms can be highly effective.

In this comprehensive guidebook, Dr. Thomas Rau, a world-renowned expert in Lyme disease treatment, provides a step-by-step roadmap for healing the underlying causes of Lyme disease symptoms. Drawing on his decades of clinical experience, Dr. Rau offers a wealth of insights into the complex interplay between Lyme disease and the human body.

## The Root Causes of Chronic Lyme Disease

To effectively heal from Lyme disease, it is essential to understand the root causes of symptoms. Dr. Rau identifies several key factors that can contribute to chronic Lyme disease, including:

- **Persistent Lyme infection:** In some cases, Lyme bacteria can persist in the body even after antibiotic treatment. This can lead to ongoing symptoms and inflammation.
- **Immune dysregulation:** Lyme disease can disrupt the immune system, making it more difficult for the body to fight off infection and repair damaged tissue.
- **Environmental toxins:** Exposure to environmental toxins, such as heavy metals and pesticides, can further weaken the immune system and exacerbate Lyme disease symptoms.
- **Emotional stress:** Chronic stress can take a toll on the immune system and make it more difficult to recover from Lyme disease.

## A Holistic Approach to Healing

Dr. Rau's approach to healing Lyme disease is based on the principles of holistic medicine. This means that he treats the whole person, not just the symptoms. By addressing the underlying causes of symptoms, Dr. Rau aims to restore balance to the body and promote optimal health and well-being.

The Healing Lyme Disease Protocol includes a variety of natural therapies, including:

- **Herbal supplements:** Herbs can help to support the immune system, reduce inflammation, and kill Lyme bacteria.
- **Nutritional therapy:** Eating a healthy diet is essential for healing Lyme disease. Dr. Rau recommends a diet that is rich in fruits, vegetables, and whole grains.
- **Physical therapy:** Physical therapy can help to improve range of motion, reduce pain, and restore function.
- **Emotional support:** Dealing with chronic illness can be emotionally challenging. Dr. Rau recommends seeking support from a therapist or support group.

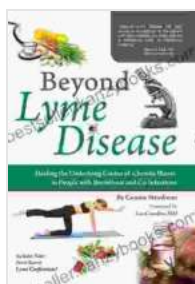
## **The Healing Lyme Disease Protocol**

The Healing Lyme Disease Protocol is a comprehensive program that is designed to help people with Lyme disease achieve optimal health and well-being. The protocol includes:

- **A detailed assessment:** Dr. Rau begins by conducting a thorough assessment of each patient's individual needs. This includes a medical history, physical examination, and laboratory testing.
- **A personalized treatment plan:** Once Dr. Rau has assessed a patient's needs, he develops a personalized treatment plan that is tailored to the individual's unique circumstances.
- **Ongoing support:** Dr. Rau provides ongoing support to his patients throughout the healing process. This includes regular checkups, phone consultations, and email support.

Healing from Lyme disease is possible, but it requires a comprehensive approach that addresses the underlying causes of symptoms. By following the Healing Lyme Disease Protocol, people with Lyme disease can achieve optimal health and well-being.

If you are struggling with chronic symptoms of Lyme disease, I encourage you to contact Dr. Rau's office to schedule a consultation. Dr. Rau is a world-renowned expert in Lyme disease treatment, and he can help you develop a personalized treatment plan that is right for you.



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