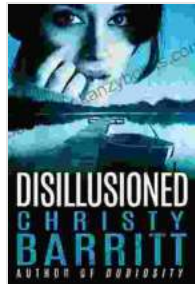


# Disillusioned: A Journey to Rediscover Hope and Faith



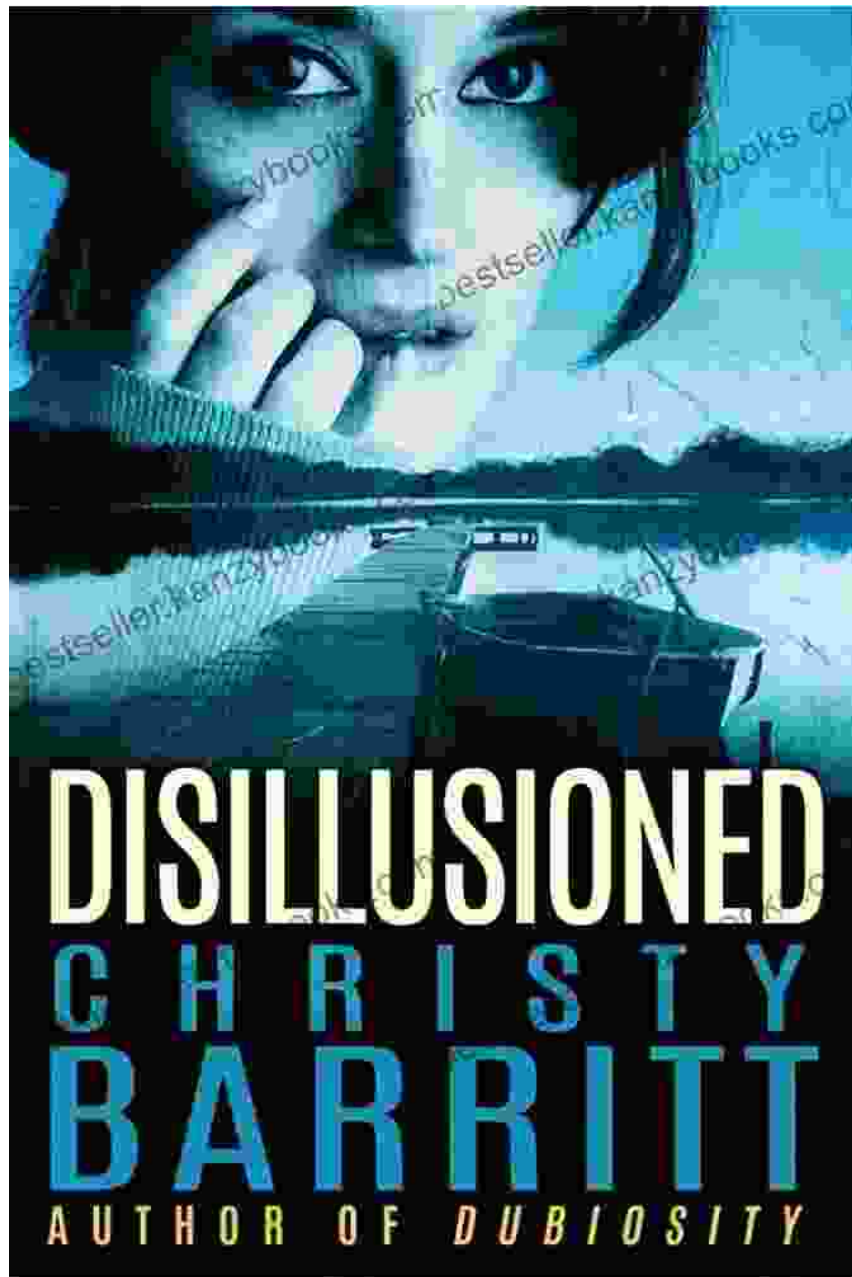
**Disillusioned** by Christy Barritt

★★★★☆ 4.7 out of 5

Language : English  
File size : 3643 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 289 pages



**By Christy Barritt**



In her powerful and moving memoir, *Disillusioned*, Christy Barritt shares her personal journey through disillusionment, depression, and the search for hope and healing. With honesty and vulnerability, she recounts her experiences of losing faith in her church, her marriage, and herself. Through her struggles, she discovers the transformative power of hope and the importance of finding strength in community.

Barritt's story is a powerful reminder that we are not alone in our struggles. She writes with a raw and authentic voice that will resonate with anyone who has ever experienced disappointment, heartbreak, or loss. Her journey is one of resilience, hope, and ultimately, triumph. *Disillusioned* is a must-read for anyone who is seeking to find hope amidst despair.

## **About the Author**

Christy Barritt is a writer, speaker, and advocate for mental health awareness. She is the founder of the Disillusioned Hope Project, a nonprofit organization that provides support and resources to people who are struggling with disillusionment and despair. Barritt's writing has been featured in numerous publications, including *The Huffington Post*, *The Mighty*, and *Psychology Today*. She lives in California with her family.

## **Endorsements**

“*Disillusioned* is a powerful and moving memoir that will resonate with anyone who has ever experienced disappointment, heartbreak, or loss. Christy Barritt's journey is one of resilience, hope, and ultimately, triumph. This book is a must-read for anyone who is seeking to find hope amidst despair.” - *Sarah J. Robinson, author of Fierce Mercy*

“Christy Barritt's voice is raw and honest, yet filled with hope and resilience. *Disillusioned* is a powerful and important book that will help others who are struggling with disillusionment and despair.” - *Dr. Julie Exline, author of Why Religion Matters*

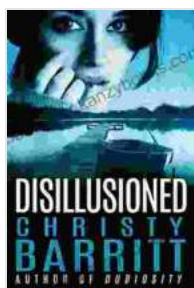
“*Disillusioned* is a must-read for anyone who has ever struggled with faith or hope. Christy Barritt's journey is one of resilience and hope that will

inspire you to never give up.” - *Lysa TerKeurst, author of It's Not Supposed to Be This Way*

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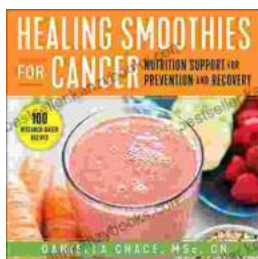
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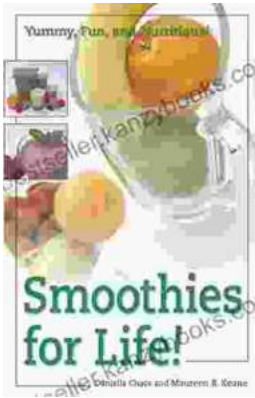
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