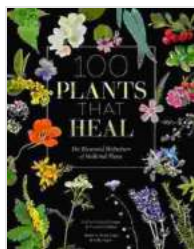


# Discover the Healing Power of Nature: Explore The Illustrated Herbarium Of Medicinal Plants

Immerse yourself in the fascinating world of medicinal plants as you embark on a botanical journey through **The Illustrated Herbarium of Medicinal Plants**.

This extraordinary tome is a comprehensive guide to over 500 medicinal plants, their healing properties, and their historical and cultural significance. With stunning botanical illustrations, detailed plant descriptions, and insightful essays, this book is a treasure trove of knowledge for herbalists, gardeners, and anyone interested in the healing power of nature.



## 100 Plants that Heal: The illustrated herbarium of medicinal plants by Connie Bergstein Dow

★★★★☆ 4.9 out of 5

Language	: English
File size	: 205789 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 219 pages



## A Visual Feast: Stunning Botanical Illustrations

The heart of **The Illustrated Herbarium of Medicinal Plants** lies in its breathtaking botanical illustrations. Each plant is captured in intricate detail, showcasing its unique beauty and medicinal attributes. From the delicate

petals of lavender to the towering stalks of aloe vera, these illustrations bring the plant kingdom to life.



## Comprehensive Plant Profiles: Healing Properties and Uses

Beyond the aesthetics, The Illustrated Herbarium of Medicinal Plants provides in-depth profiles of each plant, covering its traditional and modern medicinal uses, chemical constituents, and potential side effects. You'll

learn how to identify, cultivate, and prepare medicinal plants, empowering you to harness their healing power.



## **Historical and Cultural Insights: The Plants That Shaped Societies**

The Illustrated Herbarium of Medicinal Plants is not merely a scientific guide; it's also a journey through the rich history and diverse cultures that have used plants for healing. From ancient herbalists to modern-day practitioners, plants have played a vital role in shaping human health and well-being.

## Significance of medicinal plants in human life

Akhilleshwar Kumar Srivastava

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### 1.1 HISTORICAL IMPORTANCE OF MEDICINAL PLANTS IN HUMAN SOCIETY

Adam and Eve lived in heaven and they were familiar neither about the disease nor suffering; once they were expelled then they discovered misery and disease.

Ever since the ancient times, in search for rescue of their disease, people looked for drugs in nature. The beginning of the medicinal plants use was instinctive, as is the case similar to animals (Srivastava, 2017). In fact, in those times there were no sufficient information either concerning the reasons for the illnesses or concerning which plant and how it could be utilized as a preventive remedy—everything was based on experience. In time, the usage of specific medicinal plants for treatment of specific diseases was discovered; thus, the medicinal plants' usage gradually increased the empirical framework and became explicatory facts. The plants had been the source of treatment and prophylaxis until the advent of iatrochemistry in the 16th century (Koll, 2009).

Necessity is the mother of invention, therefore, since ancient times man has searched for remedies to combat against several diseases. Historically, man has explored the nature for two major needs: food for survival and herbs for relieving of pain and diseases. The ancient civilizations used herbs or mixtures of them named as *corpus therapeutikum* as a comprehensive treatment of diseases. One of these components was *E. papyrus*. The medicinal herbs that were used in Egyptian culture were explained in the *E. papyrus* in about 1550 BC. German Egyptologist Dr. George Ebers purchased the papyrus in Thebes in 1872 and explored its components and described it as an extraordinary value. Indian Ayurveda ("science and knowledge of life") was discovered and has been implicated in India since thousands of years back, 900 BC (Eberle, 1977).

## Expert Insights: Essays from Leading Herbalists

To complement the comprehensive plant profiles, *The Illustrated Herbarium of Medicinal Plants* features insightful essays from renowned herbalists. These experts share their knowledge and experience, offering practical guidance and valuable insights into the world of medicinal plants.

## MAHOMET ALLUM: AUSTRALIA'S LEADING HERBALIST-BENEFACTOR?

Dr Daul Abdul-Fattah Batchelor\*

**Abstract:** Mahomet Allum, an Afghan herbalist whose family practised medicine over centuries, arrived in 1891 and spent most of his life in Australia, eventually settling in Adelaide. He endeared himself especially to the poor and labour class, treating their illnesses efficaciously without payment. He donated effusively to charities and disseminated Islamic knowledge. He was demonstrably one of Australia's greatest herbalist-benefactors.

Allum criticised contemporary Australian medical practices - he pioneered campaigning in Australia against the inhumane use of live animals for vivisection and pathological testing, and injecting animal serum into humans. He stood on his principles in the ensuing challenge between tradition and modernity, which ended in court with him being convicted for claiming to be a "physician," which witnesses denied. The accounts reviewed suggest Mahomet Allum's herbalist skill was likely superior to many Western medical outcomes in the 1930s, implying that the healing capabilities of traditional Afghan *can* Islamic medicines were only equalled in the past century. Allum was a pioneer in challenging the prevailing view of European racial superiority. His reported shortcomings were that he lost his opportunity to promote himself and his often extreme criticism of 'Western' medicine, including vaccinations. Sadly, his wife died from smallpox, for which effective vaccination had been discovered and used in Ottoman Turkey before 1700.

**Keywords:** Adelaide, Afghan, Australian, herbalist, Muslim, Mahomet Allum

### INTRODUCTION

Findings for this biographical study are based on primary and secondary sources, especially historical newspaper articles. There was some difficulty in finding primary source material. Allum reportedly could not read or write, although he published articles about healing and Islam. His wife and friends helped him with these, which presumably involved Allum's primary input. Also, many newspaper articles quote his personal comments and views, occasionally from interviews.

\* Allumet Fellow at the Institutional Institute of Advanced Islamic Studies, Malaysia, Kuala Lumpur, and regional editor (Australia) for the *Islam and Civilizational Renewal Journal* and columnist with the *Australian Muslim Times*.

## A Treasury of Knowledge for Herbalists and Plant Lovers

With its stunning imagery, detailed plant descriptions, and captivating essays, *The Illustrated Herbarium of Medicinal Plants* is an indispensable resource for:

- Herbalists who seek to expand their knowledge and deepen their practice
- Gardeners who wish to cultivate medicinal plants in their own gardens
- Nature enthusiasts who are fascinated by the medicinal wonders of the plant kingdom
- Health professionals who want to incorporate herbal remedies into their practice
- Anyone who appreciates the beauty, diversity, and healing power of nature

Join the growing community of people who are rediscovering the healing power of medicinal plants. Free Download your copy of The Illustrated Herbarium of Medicinal Plants today and embark on a journey of botanical exploration and self-discovery.

**Don't miss out on this unparalleled guide to the healing power of nature. Get your copy now and unlock the secrets of the plant kingdom.**



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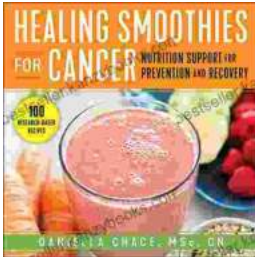
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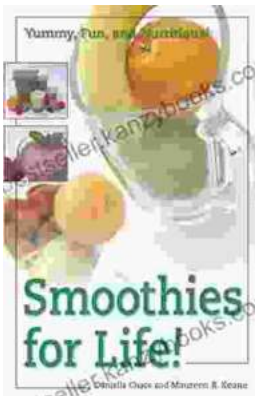
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