

Cool Down This Summer with 40 Iced Tea and Frozen Dessert Recipes

Beat the Heat with Refreshing and Hydrating Delights

Summer is a time for fun in the sun, but it can also be a time for uncomfortable heat. When the temperature rises, it's important to stay hydrated and cool. One of the best ways to do this is to enjoy refreshing and hydrating foods and drinks.



Time for Tea!: 40 Iced Tea and Frozen Dessert Recipes - to Refresh, Hydrate and Beat the Heat on National Iced Tea Day June 10th! by Daniel Humphreys

★★★★☆ 4.7 out of 5

Language	: English
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Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 112 pages
Lending	: Enabled



This collection of 40 iced tea and frozen dessert recipes is the perfect way to beat the heat this summer. With classic iced teas, creative frozen treats, and everything in between, there's something for everyone in this collection.

Iced Tea Recipes

- **Classic Iced Tea:** This classic recipe is a refreshing and simple way to enjoy iced tea.
- **Sweet Tea:** This Southern favorite is made with black tea and plenty of sugar.
- **Unsweetened Iced Tea:** This refreshing tea is perfect for those who don't like sweet tea.
- **Green Tea:** This iced tea is made with green tea and has a slightly bitter taste.
- **Herbal Tea:** This iced tea is made with herbal teas and is caffeine-free.

Frozen Dessert Recipes

- **Ice Cream:** This classic frozen dessert is made with milk, cream, sugar, and flavorings.
- **Gelato:** This Italian frozen dessert is made with milk, cream, sugar, and flavorings.
- **Sherbet:** This frozen dessert is made with fruit juice, sugar, and water.
- **Sorbet:** This frozen dessert is made with fruit puree, sugar, and water.
- **Popsicles:** These frozen treats are made with fruit juice, sugar, and water.

Creative Combinations

- **Iced Tea Popsicles:** These popsicles are made with iced tea and are a refreshing way to cool down.

- **Frozen Yogurt Bark:** This bark is made with frozen yogurt and fruit and is a healthy and refreshing snack.
- **Iced Tea Granita:** This granita is made with iced tea and is a refreshing and flavorful dessert.
- **Frozen Fruit Salad:** This salad is made with frozen fruit and is a healthy and refreshing way to cool down.
- **Iced Tea Smoothie:** This smoothie is made with iced tea and fruit and is a refreshing and healthy way to start the day.

Stay Cool and Refreshed This Summer

With these 40 iced tea and frozen dessert recipes, you're sure to find the perfect way to beat the heat this summer. So grab a cold glass of iced tea or a frozen treat and enjoy the summer sun.

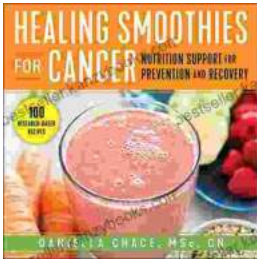


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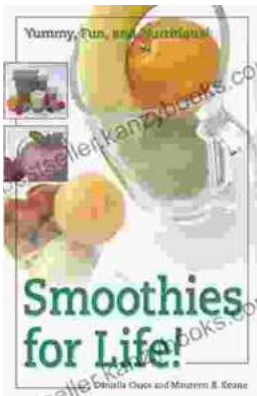
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