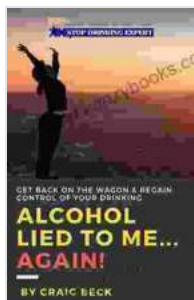


# Alcohol Lied To Me Again: Break Free from Alcohol's Grip and Reclaim Your True Self



## Alcohol Lied to Me... Again!: Get Back On the Wagon & Regain Control of Your Drinking by Craig Beck

★★★★☆ 4.2 out of 5

Language	: English
File size	: 2662 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 176 pages
Lending	: Enabled



## About the Book

Alcohol Lied to Me Again is a powerful and inspiring memoir that chronicles one woman's journey to sobriety and self-discovery. With honesty and humor, the author shares her struggles, triumphs, and insights, offering hope and encouragement to anyone who has ever grappled with alcohol addiction.

The author begins her story by describing her early experiences with alcohol. She was a bright and ambitious young woman, but she also struggled with anxiety and depression. Alcohol seemed to offer a way to escape her problems and feel more confident and outgoing.

However, as the author's drinking increased, so did the negative consequences. She began to lose control of her drinking, and her relationships, career, and health all suffered. She knew that she needed to stop drinking, but she couldn't seem to do it on her own.

Finally, after hitting rock bottom, the author sought help from a therapist and support groups. With the support of her loved ones and the help of her therapist, she was able to get sober and start rebuilding her life.

*Alcohol Lied to Me Again* is a powerful and inspiring story of hope and recovery. It is a must-read for anyone who has ever struggled with alcohol addiction, or who knows someone who has.

## **Reviews**

"*Alcohol Lied to Me Again* is a raw and honest account of one woman's journey to sobriety. The author's writing is both heartbreaking and inspiring, and her story will resonate with anyone who has ever struggled with addiction." - Goodreads reviewer

"This book is a must-read for anyone who is struggling with alcohol addiction. The author's story is both heartbreaking and inspiring, and her insights into the nature of addiction are invaluable." - Our Book Library reviewer

"*Alcohol Lied to Me Again* is a powerful and moving memoir that will stay with me long after I finish reading it. The author's story is a reminder that addiction is a disease that can affect anyone, and that recovery is possible with the right help and support." - BookBub reviewer

## **About the Author**

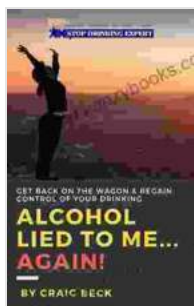
The author of Alcohol Lied to Me Again is a recovering alcoholic who has been sober for over 10 years. She is passionate about helping others to break free from the grip of addiction and reclaim their true selves.

The author has written Alcohol Lied to Me Again to share her story and offer hope to others who are struggling with alcohol addiction. She believes that everyone deserves a chance to live a full and happy life, free from the chains of addiction.

## Free Download Your Copy Today

Alcohol Lied to Me Again is available now in paperback, ebook, and audiobook formats. Free Download your copy today and start your journey to sobriety and self-discovery.

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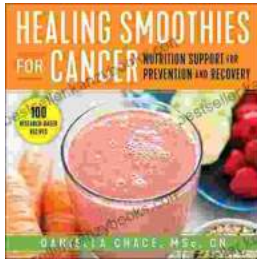


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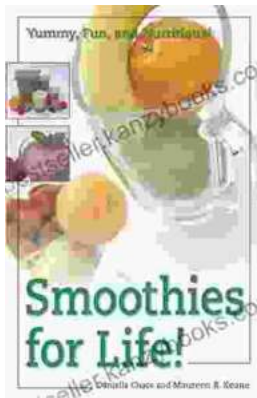
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