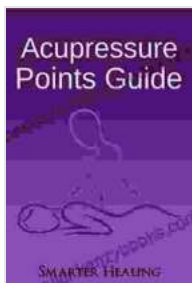


Acupressure Points Guide by Curtis Johnston: Your Gateway to Ancient Healing

Immerse Yourself in the Wisdom of Ancient Healing

Acupressure, a time-honored practice rooted in traditional Chinese medicine, has captivated the world for centuries with its remarkable ability to promote healing and alleviate pain. Curtis Johnston, a renowned acupuncturist and energy healer, has meticulously compiled his knowledge and expertise into the Acupressure Points Guide, an invaluable resource for both beginners and seasoned practitioners.

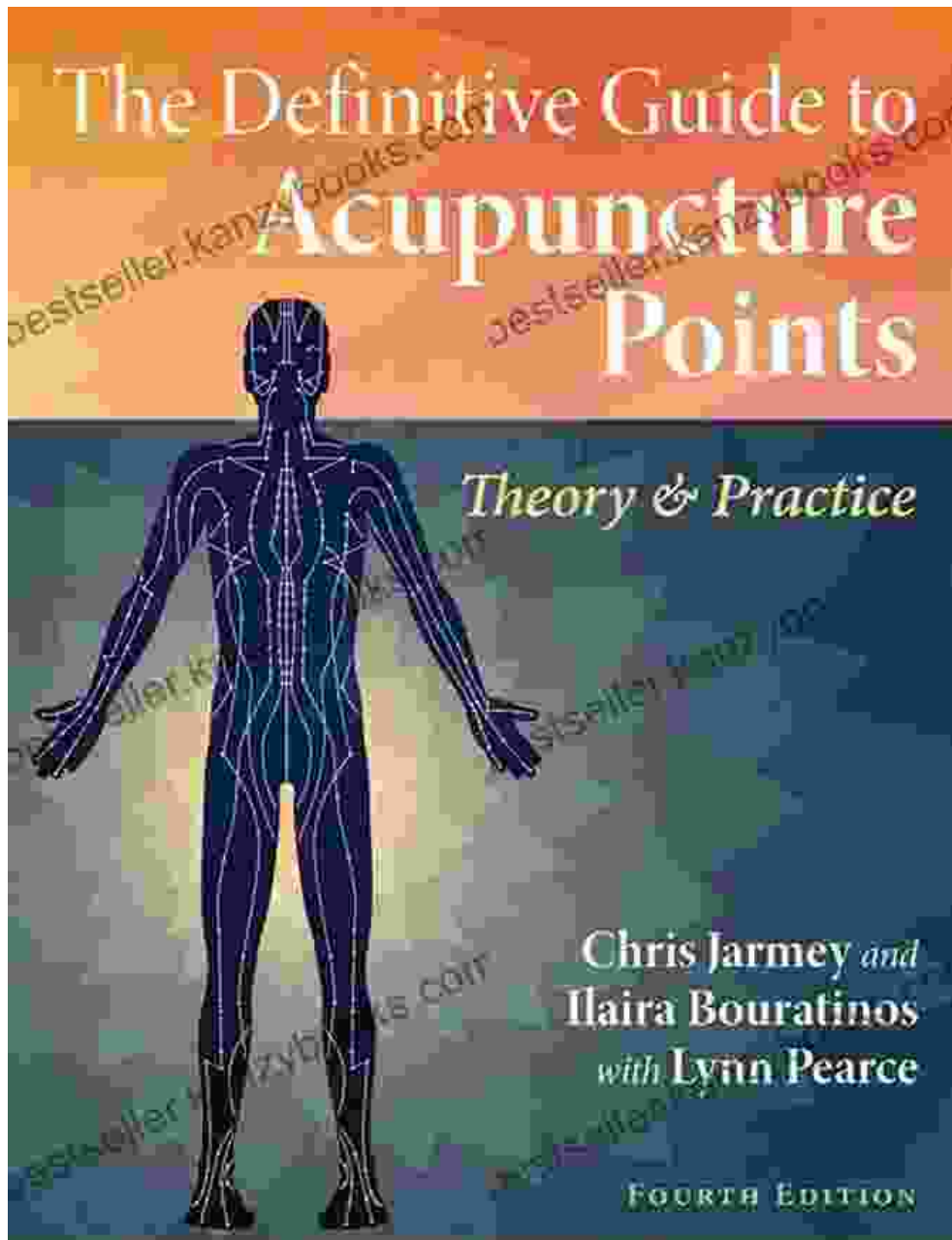


Acupressure Points Guide by Curtis Johnston

★★★★☆ 4.2 out of 5

Language : English
File size : 1588 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 311 pages
Lending : Enabled





Discover the Healing Power of Acupressure

In this comprehensive guide, Curtis Johnston unravels the intricate world of acupressure. You'll embark on a journey of self-discovery as you explore:

- The fundamental principles of acupressure and its profound impact on your health and well-being.

- In-depth explanations of over 100 acupressure points, their locations, and their specific healing benefits.
- Detailed instructions for applying acupressure techniques with precision and confidence.
- Effective protocols for treating a wide range of ailments, from headaches and back pain to stress and anxiety.

Empower Yourself with Self-Healing Knowledge

The Acupressure Points Guide is not merely a book; it's an empowering tool that enables you to take charge of your health. By mastering the art of acupressure, you'll gain:

- The ability to alleviate pain and discomfort naturally, without resorting to medications.
- Enhanced relaxation and stress reduction, leading to improved sleep and overall well-being.
- A deeper understanding of your body's energy systems and how to harness them for healing.
- A lifelong skill that you can apply to yourself, your family, and friends.

A Treasure Trove of Practical Wisdom

Curtis Johnston's Acupressure Points Guide is more than just a theoretical exploration. It's a practical resource filled with:

- Over 100 clear and concise illustrations that guide you through each acupressure point.

- Step-by-step instructions that make learning acupressure accessible to everyone.
- Case studies and testimonials that demonstrate the transformative power of acupressure.
- A comprehensive index that allows you to quickly find the information you need.

Testimonials from Satisfied Readers

Don't just take our word for it. Here's what satisfied readers have to say about the Acupressure Points Guide:



“ "The Acupressure Points Guide is an invaluable resource for anyone seeking to explore the healing power of acupressure. Curtis Johnston's clear and comprehensive approach makes it easy to understand and apply this ancient technique." ”



“ "As an acupuncturist with over 20 years of experience, I highly recommend the Acupressure Points Guide. It's a well-researched and practical guide that empowers individuals to take control of their health and well-being." ”

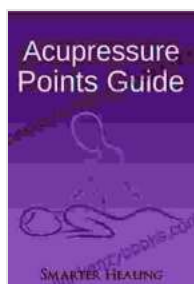
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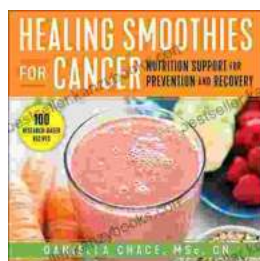
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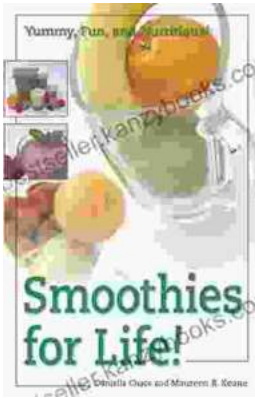
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